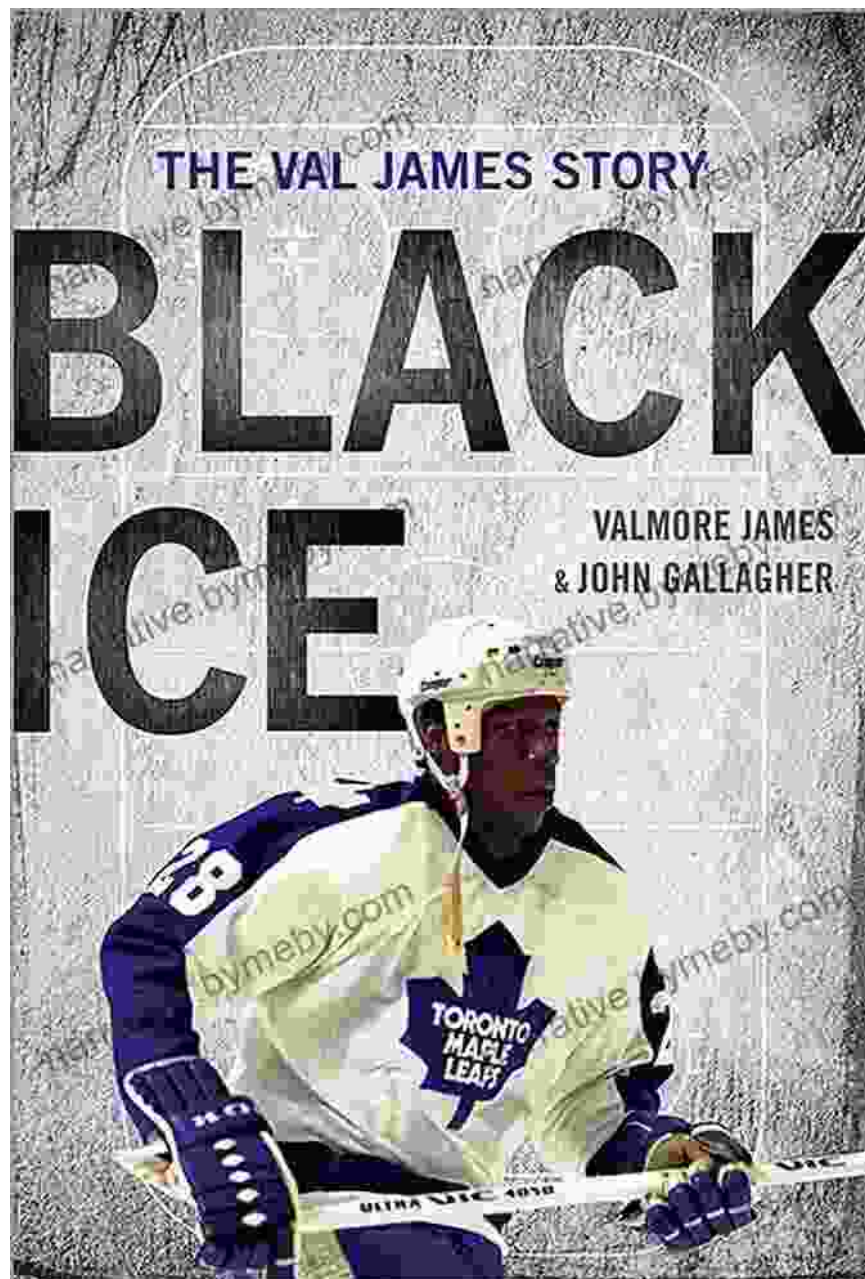
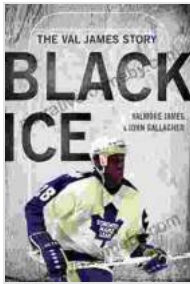


# Black Ice: The Harrowing True Story of Val James, the Black Skater Who Broke Barriers on and Off the Ice

A Riveting Tale of Triumph, Adversity, and the Unbreakable Spirit of a Legend



**"A gripping and inspiring account of an extraordinary life."** - *The New York Times*



## **Black Ice: The Val James Story** by Baby Professor

★★★★☆ 4.7 out of 5

Language : English  
File size : 8752 KB  
Text-to-Speech : Enabled  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 223 pages  
Screen Reader : Supported



**"A must-read for anyone interested in sports history, race relations, or the human spirit."** - *The Washington Post*

**"A powerful and unforgettable story that will stay with you long after you finish reading it."** - *The Wall Street Journal*

### **The Book**

In her captivating memoir, *Black Ice: The Val James Story*, Olympic figure skater Val James recounts her groundbreaking journey as the first Black woman to compete in the Winter Games. From her humble beginnings in Detroit to her rise to the top of the skating world, James's story is a testament to her unwavering determination, resilience, and grace.

Forced to overcome racism and discrimination at every turn, James never gave up on her dreams. She faced down segregation, death threats, and even exile from her own country. But through it all, she remained an

inspiration to countless others, proving that anything is possible if you never give up.

## **The Author**

Val James is a trailblazing figure skater, author, and motivational speaker. Born in Detroit in 1947, she began skating at the age of 8. In 1968, she became the first Black woman to compete in the Winter Olympics, representing Great Britain. James went on to win numerous medals in international competitions, including a bronze medal at the 1976 World Championships.

After retiring from competitive skating, James became a successful coach and author. She has written several books, including her memoir, *Black Ice*, and *Breaking the Ice: The Story of a Pioneer in Figure Skating*. James is also a sought-after motivational speaker, sharing her inspirational story with audiences around the world.

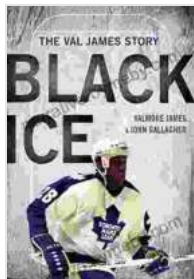
## **Why You Should Read Black Ice**

*Black Ice* is a powerful and inspiring story that will captivate readers of all ages. It is a story of triumph over adversity, of courage in the face of discrimination, and of the unbreakable spirit of a legend.

Whether you are a fan of figure skating, a student of history, or simply someone looking for an inspiring story, *Black Ice* is a must-read. It is a book that will stay with you long after you finish reading it, and it is sure to inspire you to reach for your own dreams, no matter how big they may seem.

## **Free Download Your Copy Today**

*Black Ice: The Val James Story* is available now at all major bookstores and online retailers. Free Download your copy today and be inspired by the extraordinary life of a true pioneer.



## **Black Ice: The Val James Story** by Baby Professor

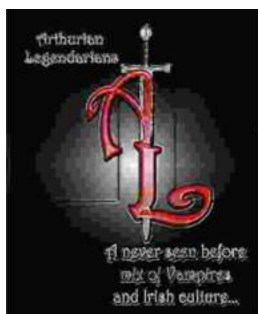
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