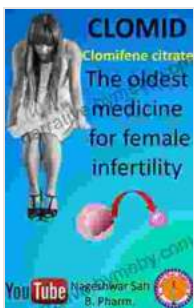


# Clomifene Citrate: The Oldest, Most Effective, Yet Underrated Medicine for Female Infertility

Clomifene citrate is an anti-estrogen medication that has been used to treat female infertility for over 50 years. It is effective, safe, and well-tolerated. Clomifene citrate works by blocking the effects of estrogen in the body, which allows the pituitary gland to produce more follicle-stimulating hormone (FSH) and luteinizing hormone (LH). These hormones stimulate the ovaries to produce more eggs, which increases the chance of pregnancy.

## How effective is clomifene citrate?

Clomifene citrate is a very effective medication for treating female infertility. In one study, 70% of women who took clomifene citrate became pregnant within 1 year. The success rate is highest in women who are under 35 years old and who have been trying to conceive for less than 2 years.



## Clomifene citrate - The Oldest Medicine for Female Infertility: CLOMID by Nageshwar Sah

★★★★☆ 4 out of 5

Language : English  
File size : 1031 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 6 pages  
Lending : Enabled



## **How is clomifene citrate taken?**

Clomifene citrate is taken orally, once a day, for 5 days. The best time to start taking clomifene citrate is on day 3 or 4 of your menstrual cycle. If you do not ovulate within 10 days of taking clomifene citrate, your doctor may increase the dose or prescribe another medication.

## **What are the side effects of clomifene citrate?**

The most common side effects of clomifene citrate are hot flashes, nausea, and vomiting. These side effects usually go away within a few days. Less common side effects include breast tenderness, headaches, and mood swings.

## **Who should not take clomifene citrate?**

Clomifene citrate should not be taken by women who are pregnant, breastfeeding, or who have liver disease. It should also not be taken by women who have a history of blood clots or who are taking blood thinners.

## **Clomifene Citrate: The safe and effective treatment for female infertility**

Clomifene citrate is a safe and effective medication for treating female infertility. It is well-tolerated and has a high success rate. If you are trying to conceive, talk to your doctor about whether clomifene citrate is right for you.

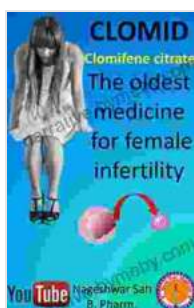
## **Additional information**

- Clomifene citrate is available in both brand-name and generic forms.
- The usual dose of clomifene citrate is 50 mg per day for 5 days.

- Clomifene citrate should be taken with food to reduce the risk of side effects.
- It is important to follow your doctor's instructions when taking clomifene citrate.

## References

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