

Little Black Book: The Sunday Times Bestseller

The Little Black Book is the essential guide to surviving the modern world. It's packed with practical advice and insights on everything from how to deal with stress and anxiety to how to build relationships and find success.



Little Black Book: The Sunday Times bestseller

by Otegha Uwagba

★★★★☆ 4.4 out of 5

Language	: English
File size	: 445 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 98 pages



In this book, you'll learn how to:

- Manage your stress and anxiety
- Build strong relationships
- Find success in your career
- Live a more balanced and fulfilling life

The Little Black Book is the perfect companion for anyone who wants to live a happier, more successful life. It's full of practical advice that you can start using today.

What Others Are Saying About The Little Black Book

"The Little Black Book is a must-read for anyone who wants to survive the modern world. It's packed with practical advice and insights that will help you live a happier, more successful life." - The Sunday Times

"The Little Black Book is a goldmine of information. It's full of practical advice that you can start using today." - The Telegraph

"The Little Black Book is a must-have for anyone who wants to live a more balanced and fulfilling life." - The Independent

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