

Native American Herbalist Bible: Your Comprehensive Guide to Healing the Body and Spirit

Native Americans have a rich tradition of herbal medicine that has been passed down through generations. This tradition is based on the belief that plants are sacred beings that can provide healing for both the body and spirit. Native American herbalists have a deep understanding of the medicinal properties of plants and how to use them to treat a wide range of ailments.



Native American Herbalist's Bible: 13 Books In 1. Ancient Herbal Remedies and Medicinal Plants to Heal Naturally and Regain Vitality. Grow Your Healing Herb Garden and Create Your Apothecary Table by Aylene Gaylord

★★★★☆ 4.4 out of 5

Language : English
File size : 65468 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 774 pages
Lending : Enabled



The *Native American Herbalist Bible* is a comprehensive guide to this ancient tradition. This book provides detailed information on over 100 medicinal plants, including their traditional uses, medicinal properties, and

how to prepare them for use. The book also includes sections on herbal remedies for common ailments, as well as information on the spiritual and cultural significance of herbal medicine.

What You'll Learn from the *Native American Herbalist Bible*

- The medicinal properties of over 100 plants
- How to identify and harvest medicinal plants
- How to prepare and use herbal remedies
- The spiritual and cultural significance of herbal medicine
- How to create your own herbal remedies

Benefits of Using Native American Herbal Medicine

There are many benefits to using Native American herbal medicine, including:

- Natural and holistic
- Effective for a wide range of ailments
- Safe and gentle
- Affordable
- Supports traditional Native American culture

Free Download Your Copy of the *Native American Herbalist Bible* Today

The *Native American Herbalist Bible* is a valuable resource for anyone interested in learning about the healing power of plants. This book is a

must-have for herbalists, natural healers, and anyone who wants to live a more holistic and sustainable life.

Free Download your copy of the *Native American Herbalist Bible* today and start your journey to healing with nature.

Free Download Now

Testimonials

“The *Native American Herbalist Bible* is a comprehensive and well-written guide to the traditional healing practices of Native Americans. This book is a valuable resource for anyone interested in learning about the healing power of plants.”

- Dr. Andrew Weil, MD, author of *Eight Weeks to Optimum Health*

“The *Native American Herbalist Bible* is a must-have for anyone interested in herbal medicine. This book provides detailed information on over 100 medicinal plants, as well as instructions on how to prepare and use them. This book is a valuable resource for herbalists, natural healers, and anyone who wants to live a more holistic life.”

- Rosemary Gladstar, author of *The Herbalist's Way*

About the Author

The *Native American Herbalist Bible* was written by a team of Native American herbalists with over 100 years of combined experience. These herbalists have dedicated their lives to preserving and sharing the traditional healing practices of their ancestors.

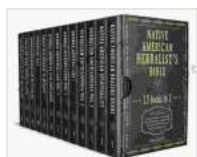
The author team includes:

- Grandfather Fire Leaf, a Lakota medicine man
- Grandmother Bear Medicine, a Cherokee herbalist
- Dr. Joseph Bruchac, a Native American author and educator

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