

The Kissing Hand: A Heartwarming Story for First-Day Jitters

The Kissing Hand is a heartwarming story about a little raccoon named Chester who is nervous about starting school. But with the help of his loving mother and a special kissing hand, Chester learns to overcome his fears and make new friends.

The Kissing Hand is a classic children's book that has been helping kids cope with school anxiety for over 30 years. It's a simple but effective story that teaches kids that they are not alone in their fears and that there are people who care about them and want to help them succeed.



The Kissing Hand (The Kissing Hand Series) by Audrey Penn

★★★★☆ 4.9 out of 5

Language : English

File size : 52565 KB

Text-to-Speech : Enabled

Screen Reader : Supported

X-Ray : Enabled

Word Wise : Enabled

Print length : 32 pages



The book is written by Audrey Penn and illustrated by Ruth Harper. Penn is a former kindergarten teacher who understands the challenges that kids face on their first day of school. Harper's illustrations are warm and inviting, and they help to create a sense of security and comfort for young readers.

The Kissing Hand has been translated into over 20 languages and has sold over 10 million copies worldwide. It's a beloved book that has helped countless kids to overcome their first-day jitters.

What is the Kissing Hand?

The Kissing Hand is a simple but effective technique that can help kids to cope with anxiety. It involves drawing a small heart on the child's hand and then kissing it. The child can then keep the heart on their hand throughout the day as a reminder that they are loved and supported.

The Kissing Hand can be used for any situation that causes anxiety, such as starting school, going to the doctor, or even just trying something new. It's a simple but powerful way to help kids feel more secure and confident.

How to use the Kissing Hand

To use the Kissing Hand, simply draw a small heart on the child's hand and then kiss it. You can say something like, "This heart is full of my love and support. It will stay with you all day long, so you know that I'm always with you."

The child can then keep the heart on their hand throughout the day as a reminder that they are loved and supported. They can touch the heart whenever they feel anxious or scared, and it will help them to feel more secure.

The Kissing Hand Series

The Kissing Hand is the first book in a series of books by Audrey Penn. The other books in the series include:

- The Kissing Hand 2: Chester Goes to School
- The Kissing Hand 3: Chester's Way Back Home
- The Kissing Hand 4: Chester's First Day of Camp
- The Kissing Hand 5: Chester's Teacher's Pet
- The Kissing Hand 6: Chester's Summer Adventure

The Kissing Hand series is a valuable resource for parents and teachers who are looking for ways to help kids cope with anxiety. The books are warm and reassuring, and they provide simple but effective strategies that can help kids to feel more secure and confident.

The Kissing Hand is a heartwarming story that can help kids to overcome their first-day jitters. The kissing hand technique is a simple but effective way to help kids cope with anxiety. The Kissing Hand series is a valuable resource for parents and teachers who are looking for ways to help kids feel more secure and confident.

If you are looking for a way to help your child cope with anxiety, I highly recommend reading The Kissing Hand. It's a book that can make a real difference in your child's life.



The Kissing Hand (The Kissing Hand Series) by Audrey Penn

★ ★ ★ ★ ☆ 4.9 out of 5

Language : English

File size : 52565 KB

Text-to-Speech : Enabled

Screen Reader : Supported

X-Ray : Enabled

Word Wise : Enabled

Print length : 32 pages

FREE

DOWNLOAD E-BOOK



Why Didn't Anyone Say Anything? Uncovering the Hidden Truths About Sexual Assault on College Campuses

By [Author's Name] In the wake of the #MeToo movement, sexual assault has become a topic of national conversation. But while much attention has...



Arthurian Legendarians: Faithless One - Part One – A Journey into the Heart of a Legend

In the realm of legendary tales, the Arthurian legend has captivated hearts and minds for centuries. It is a tapestry interwoven with chivalry, romance, and the eternal...